

oral health



The importance of having healthy gums cannot be overstated.

It is a fact that as we age more teeth are lost through gum disease than through tooth decay. Gum disease can be prevented by good home cleaning and regular visits to one of our team.

When you first come to see us we will stress the importance of healthy gums. Current research links gum disease to increased risk of heart problems, and can even affect the health of unborn babies. This is why we place the health of your mouth as a priority.

Cathy, our therapist, will guide you through the most suitable way to look after your oral health to hopefully ensure you maintain your teeth for life.

We enjoy children coming to see us in the practice and we aim to teach our young patients the importance of getting into the habit of regular dental visits. We have a programme whereby all our young patients have fluoride applied to their second teeth every three months as this has been found to be effective in decay prevention.

Please ask if you wish to join our fluoride programme.

oral health

welcome from
OUR
team

We would like to introduce you to our highly qualified and experienced team. If you have any questions on your visits to us please ask any one of the team any they will be pleased to help. Every member of our team is highly qualified and experienced and regularly attends courses to update their knowledge. To ensure we can offer you the treatment you expect.

The Team:

Associate Dentist	Ben Harvey B.D.S.(Hons) L.pool 2009
Dental Therapist	Cathy Jones .T. L.pool 2008
Practice Manager	Helen Cole
DCP Lead	Joanne Smith
DCPs	Toni & Emma
Reception staff	Annette & Angela

We are a foundation Dentist Training Centre and have a foundation dentist working within the Centre. We recognise that you may prefer to see one of the team and if this is the case please ask and as far as possible you will see that person.

Hunts Cross
Dental Centre



our commitment



The Hunts Cross Dental Centre
14 Mackets Lane, Hunts Cross
Liverpool, L25 0LQ

t: 0151 486 2697

f: 0151 280 7676

e: info@hxdental.co.uk

w: www.hxdental.co.uk

Our opening hours are
Monday -Thursday

9am-1pm 2pm-5.30pm

Friday 9am-1pm 2pm-5pm

Evening appointments are available
by arrangement.

Out of hours telephone
NHS Direct 0845 46 47

NHS Knowsley, Knowsley Health and
Wellbeing, Nutgrove Villa,
Westmorland Road, Huyton, Merseyside, L36
6GA 0800 0730578



creating
smiles



Dr Clive Harden
Clinical Director

clinical directors



Dr James Garside
Clinical Director

Clive Harden

B.D.S U.Liv 1978, LL.B (Hons) 2005, PgDip Uclan 2010

Clive has worked in Hunts Cross since 1979, and has always been enthusiastic about providing the best dental care.

His interest in the legal process culminated when he gained his law degree in 2005. Clive also works part time as a clinical lecturer in Liverpool Dental School. His special interest is Cosmetic Dentistry and Prosthodontics, and he regularly lectures on this topic throughout the U.K. He has recently been awarded his Diploma in Cosmetic Dentistry from Uclan.

Outside of dentistry Clive has a great interest in aviation and can often be found at Air shows following his other hobby of photography.

James Garside

B.D.S U.Liv 1998, PgDip Uclan 2010

James has worked in Hunts Cross since 1998 and is also enthusiastic about providing the best dental care possible to his patients. James' areas of special interest are Cosmetic Dentistry and Facial Aesthetics and he completed his postgraduate training in this field many years ago enabling him to provide these services in the centre. James has also recently been awarded his Diploma in Cosmetic Dentistry from Uclan, and is continuing to study further to Masters Level.

The Hunts Cross Dental Centre is also an approved training centre for foundation dentists, and James is the trainer in our centre. Apart from his work in Hunts Cross, James also tutors medical and dental students at Liverpool University

Outside of work James enjoys most sports, and when time allows is still attempting to get his golf handicap into single figures!

creating smiles

OUR practice



Practice Information
www.hxdental.co.uk

The Hunts Cross Dental Centre is a long established dental centre in South Liverpool, being conveniently situated for the motorways and close to Liverpool Airport. The philosophy of the centre is to offer high quality dental care in safe comfortable surroundings to all our clients. Whether you desire a complete smile makeover, or something less complex we are here to help you every step of the way. Please have a look through this brochure and read about our services.

More information about all our services can be found on our website www.hxdental.co.uk

If cross infection is a concern then rest assured that all our instruments are either disposed of after single use or pass through our new decontamination suite to ensure total sterility at all times.

The practice has suitable access for people with disabilities.

The practice has strict confidentiality guidelines in place. Your records or information contained will never be made available to any outside agencies without your permission. Your records are held on computer, to which nobody has access except for our staff.

We offer a range of treatment schemes; including private payment schemes, our own in centre Simply Dental capitation scheme or treatment is available under the guidelines of the N.H.S.

The Practice is registered with the Care Quality Commission



tooth whitening

Tooth whitening has grown enormously in popularity over the last decade with more and more people wanting a sparkling, clean white smile. We have been providing tooth whitening for over 10 years in our Dental Centre and are able to offer many different systems tailored to each individual;

Home Tray Whitening, Zoom 2 Advanced Power 1Hr whitening, Enlighten 3 Deep Bleaching.

All of these systems will give you the brighter whiter smile that you want, all teeth are different and dependant on how white you want your new smile the best choice for you will be discussed at your consultation visit

The Hunts Cross Dental also offers Facial Aesthetic treatments such as Botox and Restylane Dermal fillers.

Whenever you laugh, frown, concentrate or squint into the sun, your facial muscles contract and your skin creases into folds that can become permanently etched on your face. Frown lines between your eyes can become particularly noticeable at a relatively young age, making you look angry or worried even when you're not. The use of Botox helps smooth these lines out restoring a more youthful, less stressed expression to your face.

Dermal fillers are alternative method of wrinkle reduction and lip augmentation generally used in the lower half of the face. They are an injectable gel that is placed into the skin just underneath wrinkled areas and work by plumping up the skin or lips to restore a more youthful appearance.

Both botox and dermal fillers are completely reversible and their effects will typically last for up to six months.

botox

dermal fillers

cosmetic dentistry



We have all heard about cosmetic dentistry, and seen the instant smile makeover programmes on television. How we see ourselves influences how we feel about ourselves. While cosmetic dentistry can give you a complete new smile what we often want is an improvement to our existing smile to simply make it look nicer.

Clive and James recognised that to call yourself a cosmetic dentist requires a lot of extra training and investment. They have just spent two years of study to gain their diplomas in advanced cosmetic restorative dentistry. This extra training enables them to view your teeth and smile from a different viewpoint and we recognise the importance of your smile to you. If you choose to visit our centre we will take you step by step through the design process and show you how we can change your smile.

If you wish to visit our centre for a cosmetic consultation please telephone and we will be delighted to see you for your first step in changing your smile.

It is not just natural teeth that alter smiles, a worn or poorly fitting set of false teeth can give an aged appearance to the face. We are able to design false teeth to have a far more cosmetic appearance by blending the shape of the dentures to your lips and face.

For more information on smile design and cosmetic dentures please visit our website www.hxdental.co.uk